

5 levels of Health

N	C	O	M	M	U	N	I	C	A	T	I	O	N
P	O	T	G	N	I	N	N	I	P	S	S	P	O
H	O	P	S	C	O	T	H	O	E	P	E	Y	U
N	A	I	P	P	H	N	T	C	H	K	T	R	T
L	I	K	E	H	O	A	P	N	C	L	A	A	D
F	E	O	T	E	B	I	H	E	M	H	R	M	O
T	T	T	A	G	B	L	N	E	R	A	D	I	O
N	A	S	A	I	I	C	O	D	O	N	Y	D	R
A	T	T	N	D	E	L	R	N	O	E	H	F	U
W	I	R	I	N	S	I	O	P	D	O	O	O	S
P	D	E	G	K	G	P	G	A	N	R	B	O	M
N	E	S	O	E	E	P	Y	I	I	C	R	D	S
S	M	S	E	E	I	E	I	B	V	S	O	A	P
W	A	S	H	P	S	R	A	R	P	E	C	D	E

STRESS
 INDOOR
 COMMUNICATION
 CORBOHYDRATES
 KEEP
 NEED
 HOBBIES
 LIKE
 SOAP
 SPINNING TOP
 WANT
 NAIL CLIPPER
 MEDITATE
 GIVE
 TAG
 WASH
 PYRAMID FOOD
 HOPSCOTH
 OUTDOOR
 MAKE

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