

# Caregivers Month Self-Care Word Search

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| T | I | E | S | I | C | R | E | X | E | E | I | T | Y |
| E | R | B | A | T | H | K | Y | E | R | E | I | M | T |
| K | E | A | K | M | A | F | A | M | I | L | Y | I | A |
| W | J | I | H | S | A | M | A | S | S | A | G | E | E |
| A | C | O | L | O | R | I | N | G | B | O | O | K | A |
| L | E | O | A | P | A | N | E | R | R | T | P | A | E |
| K | G | T | K | G | I | G | D | E | N | E | D | L | T |
| D | E | R | A | G | O | Y | A | R | A | E | E | M | G |
| A | A | L | Y | T | U | D | J | O | U | R | N | A | L |
| B | E | N | P | A | I | N | T | Y | I | N | L | G | K |
| G | A | T | C | E | E | D | Y | P | A | R | E | H | T |
| T | B | K | A | E | U | M | E | K | S | O | I | R | A |
| I | E | A | E | S | G | U | H | M | E | C | A | A | S |
| R | N | G | S | U | G | R | A | T | I | T | U | D | E |

FAMILY  
 READ  
 BATH  
 COLORING BOOK  
 YOGA  
 GRATITUDE  
 MEDITATE  
 DANCE  
 WALK  
 EXERCISE  
 MASSAGE  
 THERAPY  
 HUGS  
 TEA  
 NAP  
 BAKE  
 PAINT  
 JOURNAL

Play this puzzle online at : <https://thewordsearch.com/puzzle/2996704/>