

Eat Fit - Healthy Eating

R	T	T	P	T	T	O	R	A	N	G	E	S	N
E	A	H	S	P	Y	T	A	A	P	O	P	E	L
T	I	A	H	O	O	D	B	T	E	M	K	P	E
S	R	H	E	A	B	T	O	A	B	T	O	A	Y
A	H	S	I	F	E	C	A	A	F	P	C	R	O
S	P	R	T	A	R	E	L	T	U	N	H	G	G
G	M	T	Y	T	M	I	L	K	O	M	E	L	U
O	A	G	R	A	P	P	L	E	E	S	E	P	R
T	B	C	R	G	T	D	S	C	Y	T	S	A	T
A	E	E	E	N	O	A	A	R	P	U	E	E	T
M	A	A	B	B	R	E	T	M	R	N	O	I	M
O	N	T	H	N	R	R	R	E	T	A	W	I	E
T	S	O	L	S	A	B	E	E	U	O	E	W	S
N	L	R	A	G	C	E	S	A	R	F	R	P	A

BEANS
BREAD
APPLE
ORANGE
CHEESE
YOGURT
WATER
POTATO
FISH
BERRY
TOMATO
NUTS
MEAT
PEAR
GRAPES
CARROT
MILK

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