

# Family Health and Fitness Day

Y	W	S	C	B	R	A	U	E	H	K	C	T	O
A	E	F	T	A	L	C	L	R	L	A	Y	U	S
N	E	A	P	S	H	T	I	U	E	E	R	O	R
W	A	M	A	E	F	I	T	N	E	S	S	K	F
R	S	I	R	B	B	V	H	I	F	W	R	R	W
E	A	L	K	A	L	E	Y	D	A	I	T	O	T
C	H	Y	N	L	H	Y	D	T	R	N	F	W	N
R	K	T	F	L	L	E	R	D	A	G	L	A	Y
E	H	L	O	T	L	A	A	E	K	I	O	C	S
A	T	L	O	O	R	S	T	R	O	A	W	L	O
T	L	T	D	V	I	E	E	I	R	C	E	R	A
I	A	R	P	A	N	A	E	S	M	O	R	W	T
O	E	H	W	I	C	O	M	M	U	N	I	T	Y
N	H	R	K	I	C	K	B	A	L	L	C	I	I

RUN  
HYDRATE  
FOOD  
ACTIVE  
RECREATION  
SWING  
FLOWER  
WORKOUT  
HEALTH  
KICKBALL  
BASEBALL  
COMMUNITY  
TREE  
FAMILY  
FITNESS  
PARK

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