

# Healthy Eating

K	K	B	H	N	I	U	E	A	I	T	O	N	P
T	A	R	C	A	N	S	T	N	U	R	H	T	N
Y	B	E	N	H	U	E	I	A	T	T	A	O	A
A	R	E	U	M	P	R	O	T	E	I	N	N	I
U	E	R	L	D	I	N	N	E	R	R	R	E	R
V	E	G	E	T	A	B	L	E	H	H	K	T	T
R	N	E	D	E	S	N	F	N	N	D	R	D	N
F	R	U	I	T	T	E	C	N	A	L	A	B	H
E	D	O	S	B	R	E	A	K	F	A	S	T	E
I	R	T	N	I	E	N	A	S	N	A	C	K	A
A	V	E	U	E	A	L	S	G	Y	A	N	E	L
K	N	N	U	T	R	I	T	I	O	N	N	R	T
E	N	E	R	G	Y	F	T	T	T	S	N	A	H
M	O	D	E	R	A	T	I	O	N	G	N	E	Y

BREAKFAST  
ENERGY  
NUTRITION  
PROTEIN  
LUNCH  
HEALTHY  
MODERATION  
FRUIT  
BALANCE  
VEGETABLE  
DINNER  
SNACK

Play this puzzle online at : <https://thewordsearch.com/puzzle/2502251/>