

Healthy lifestyle

F	S	V	L	S	V	D	S	T	E	D	A	T	I
K	I	M	E	D	I	T	A	T	I	O	N	M	P
X	S	T	K	G	R	O	Y	T	S	T	N	I	D
A	L	S	N	O	E	G	T	O	D	S	I	N	T
L	I	A	P	E	N	T	G	T	G	G	A	D	R
E	L	S	L	E	S	E	A	A	E	A	E	F	A
R	E	R	O	E	L	S	P	B	A	D	N	U	I
S	O	C	I	A	L	I	Z	E	L	S	K	L	N
B	A	L	A	N	C	E	D	D	I	E	T	N	I
O	M	R	M	Y	G	S	E	T	T	A	S	E	N
G	E	L	C	N	T	E	V	E	G	A	N	S	G
D	R	I	N	K	W	A	T	E	R	N	E	S	P
D	E	A	A	P	Z	C	H	I	L	L	O	U	T
S	F	I	V	F	A	S	L	E	E	P	I	N	G

VEGETABLES
BALANCED DIET
CHILL OUT
TRAINING
MEDITATION
MINDFULNESS
VEGAN
SOCIALIZE
GYM
YOGA
DRINK WATER
FITNESS
SPORTS
SLEEPING
RELAX

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