

National Heart Health Month

E	H	A	R	T	E	R	I	E	S	D	E	E	S
K	S	L	O	R	E	T	S	E	L	O	H	C	H
S	E	F	E	R	U	S	S	E	R	P	K	T	C
I	G	N	I	K	O	M	S	R	O	T	C	A	F
R	W	A	L	K	I	N	G	A	F	O	O	D	S
S	O	R	H	A	F	O	O	H	S	O	C	B	R
H	I	B	C	E	H	R	L	F	A	L	O	L	N
K	C	A	T	T	A	S	U	C	E	K	N	O	P
P	Y	U	F	G	H	R	I	I	T	S	T	O	L
C	L	O	G	S	R	L	T	F	T	S	R	D	A
E	N	H	I	G	H	A	D	C	O	S	O	T	Q
F	I	B	E	R	T	E	I	D	U	O	L	U	U
R	H	U	M	A	N	A	R	N	K	E	R	I	E
A	E	I	Y	E	K	O	R	T	S	T	O	L	C

CLOGS
 FRUITS
 GRAINS
 PRESSURE
 SEEDS
 HIGH
 FACTORS
 FIBER
 STROKE
 CHOLESTEROL
 ATTACK
 CONTROL
 ARTERIES
 FISH
 HEART
 RISK
 FOODS
 WALKING
 HUMANA
 BLOOD
 DIET
 PLAQUE
 SMOKING
 CLOTS

Play this puzzle online at : <https://thewordsearch.com/puzzle/1822128/>