

Self-Care Wordsearch

S	E	L	A	C	I	S	Y	H	P	X	I	O	C
P	I	E	O	L	A	U	D	I	V	I	D	N	I
I	N	C	N	E	E	D	S	S	O	C	I	A	L
R	T	N	O	R	E	M	O	T	I	O	N	A	L
I	K	A	E	R	B	P	R	I	O	R	I	T	Y
T	J	L	N	T	R	O	P	P	U	S	E	N	W
U	O	A	E	T	N	E	S	E	R	P	R	R	E
A	Y	B	R	Y	T	I	V	I	T	C	A	E	L
L	T	C	E	N	N	O	C	R	E	P	C	E	L
I	M	P	O	R	T	A	N	T	C	R	F	A	B
N	C	K	I	N	D	M	E	E	A	E	L	I	E
A	T	T	E	N	T	I	V	E	P	L	E	E	I
E	R	U	T	R	U	N	K	E	S	A	S	R	N
E	E	D	O	B	N	D	E	L	O	X	K	I	G

SELFCARE
 PRESENT
 IMPORTANT
 NEEDS
 SPIRITUAL
 EMOTIONAL
 RELAX
 NURTURE
 PRIORITY
 MIND
 CONNECT
 BREAK
 BALANCE
 PHYSICAL
 SPACE
 WELLBEING
 INDIVIDUAL
 ATTENTIVE
 SUPPORT
 ACTIVITY
 KIND
 JOY
 SOCIAL

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