

Staying Creative to Stay Mentally Fit

S	S	E	N	T	I	F	L	A	T	N	E	M	R
L	I	F	Q	T	T	I	P	F	I	T	R	O	N
Y	T	I	V	I	T	A	E	R	C	N	A	E	T
L	A	T	E	R	I	N	L	I	F	E	V	S	I
E	C	E	A	N	V	S	L	Y	M	E	T	T	R
Y	A	R	T	I	S	T	I	C	R	T	L	E	M
I	T	I	A	N	E	N	V	T	G	I	O	R	S
L	N	T	R	Y	A	N	O	T	N	D	D	E	T
G	E	F	I	L	F	O	Y	T	I	L	A	U	Q
R	A	D	S	T	L	S	I	T	W	L	T	I	F
A	R	T	S	A	N	D	C	R	A	F	T	S	R
E	V	I	T	Q	Y	F	T	N	R	E	T	E	F
E	I	E	F	N	N	F	R	A	D	E	A	D	A
P	R	O	B	L	E	M	S	O	L	V	I	N	G

ARTS AND CRAFTS
NEVER TOO LATE
PROBLEM-SOLVING
PAINTING
MENTAL FITNESS
QUALITY OF LIFE
DRAWING
LATER IN LIFE
CREATIVITY
ARTISTIC

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