

Stress Awareness Month

R	S	P	N	O	I	T	A	C	A	V	S	O	A
B	F	G	T	Z	F	R	I	E	N	D	S	I	T
R	S	R	W	T	C	R	E	G	R	G	M	E	N
E	A	C	O	A	T	D	N	E	E	A	T	T	A
A	E	Y	T	G	L	I	H	U	G	S	O	A	A
T	C	B	S	V	H	K	W	G	I	U	G	T	H
H	C	O	R	G	A	N	I	Z	E	O	B	I	E
E	I	S	U	I	S	O	G	G	Y	E	S	D	I
X	O	A	T	E	X	E	R	C	I	S	E	E	C
R	L	B	E	F	G	N	I	S	G	X	I	M	Z
T	E	N	A	I	A	N	A	E	C	I	S	U	M
S	L	E	E	P	D	R	U	A	A	A	V	H	U
A	R	T	C	E	G	U	C	U	G	G	P	U	E
G	U	L	P	N	U	W	V	N	E	I	E	A	A

YOGA
FRIENDS
EXERCISE
WALK
SLEEP
CRAFTS
LAUGHING
ORGANIZE
UNPLUG
MUSIC
BREATHE
HUGS
MEDITATE
VACATION

Play this puzzle online at : <https://thewordsearch.com/puzzle/5463154/>