

Wellness Word Search

N	E	N	O	I	T	A	E	R	C	E	R	G	A
O	E	R	E	L	A	X	A	T	I	O	N	W	E
I	X	H	M	M	L	E	R	I	C	C	E	N	T
T	T	T	U	O	K	R	O	W	R	O	G	E	M
A	N	L	S	T	G	G	M	T	E	M	N	H	A
T	E	A	I	I	N	N	A	A	A	F	I	E	S
I	M	E	C	V	I	I	T	L	T	O	L	A	S
D	R	H	T	A	D	R	H	K	I	R	D	L	A
E	E	L	I	T	A	U	E	I	V	T	O	I	G
M	W	A	G	I	E	O	R	N	E	I	O	N	E
O	O	T	Y	O	R	L	A	G	T	O	D	G	M
D	P	N	O	N	A	O	P	S	E	I	V	O	M
S	M	E	G	M	N	C	Y	G	A	M	E	S	T
N	E	M	A	V	R	E	X	E	R	C	I	S	E

AROMATHERAPY
 RECREATION
 CREATIVE
 MOTIVATION
 YOGA
 READING
 MEDITATION
 EXERCISE
 MOVIES
 RELAXATION
 EMPOWERMENT
 MENTALHEALTH
 COLOURING
 MUSIC
 WORKOUT
 COMFORT
 HEALING
 MASSAGE
 DOODLING
 TALKING
 GAMES
 TEA

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