

Anxiety

M	I	R	R	I	T	A	B	I	L	I	T	Y	R
I	M	U	S	C	L	E	P	A	I	N	I	S	S
G	T	S	S	E	N	S	S	E	L	T	S	E	R
N	G	N	I	K	N	I	H	T	R	E	V	O	A
I	A	S	V	I	S	Y	O	R	H	S	I	R	R
T	W	U	H	H	L	W	H	C	H	G	N	L	I
A	H	C	N	A	U	I	A	R	M	W	S	L	H
E	H	T	I	R	C	D	H	I	R	R	C	M	O
W	R	L	N	I	A	E	S	T	T	I	E	O	E
S	W	I	M	E	S	S	N	O	G	H	N	A	R
A	S	C	H	I	N	S	O	M	N	I	A	T	S
S	T	I	R	E	D	N	E	S	S	S	I	H	D
M	Y	H	N	W	O	R	R	Y	I	N	G	N	S
M	E	R	T	U	M	M	Y	A	C	H	E	I	I

RESTLESSNESS
HEADACHES
IRRITABILITY
TUMMYACHE
MUSCLEPAIN
SWEATING
WORRYING
TIREDNESS
OVERTHINKING
INSOMNIA

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M	I	R	R	I	T	A	B	I	L	I	T	Y	R
I	M	U	S	C	L	E	P	A	I	N	I	S	S
G	T	S	S	E	N	S	S	E	L	T	S	E	R
N	G	N	I	K	N	I	H	T	R	E	V	O	A
I	A	S	V	I	S	Y	O	R	H	S	I	R	R
T	W	U	H	H	L	W	H	C	H	G	N	L	I
A	H	C	N	A	U	I	A	R	M	W	S	L	H
E	H	T	I	R	C	D	H	I	R	R	C	M	O
W	R	L	N	I	A	E	S	T	T	I	E	O	E
S	W	I	M	E	S	S	N	O	G	H	N	A	R
A	S	C	H	I	N	S	O	M	N	I	A	T	S
S	T	I	R	E	D	N	E	S	S	S	I	H	D
M	Y	H	N	W	O	R	R	Y	I	N	G	N	S
M	E	R	T	U	M	M	Y	A	C	H	E	I	I