

Caregivers Month Self-Care Word Search

T	I	E	S	I	C	R	E	X	E	E	I	T	Y
E	R	B	A	T	H	K	Y	E	R	E	I	M	T
K	E	A	K	M	A	F	A	M	I	L	Y	I	A
W	J	I	H	S	A	M	A	S	S	A	G	E	E
A	C	O	L	O	R	I	N	G	B	O	O	K	A
L	E	O	A	P	A	N	E	R	R	T	P	A	E
K	G	T	K	G	I	G	D	E	N	E	D	L	T
D	E	R	A	G	O	Y	A	R	A	E	E	M	G
A	A	L	Y	T	U	D	J	O	U	R	N	A	L
B	E	N	P	A	I	N	T	Y	I	N	L	G	K
G	A	T	C	E	E	D	Y	P	A	R	E	H	T
T	B	K	A	E	U	M	E	K	S	O	I	R	A
I	E	A	E	S	G	U	H	M	E	C	A	A	S
R	N	G	S	U	G	R	A	T	I	T	U	D	E

- FAMILY
- READ
- BATH
- COLORING BOOK
- YOGA
- GRATITUDE
- MEDITATE
- DANCE
- WALK
- EXERCISE
- MASSAGE
- THERAPY
- HUGS
- TEA
- NAP
- BAKE
- PAINT
- JOURNAL

Play this puzzle online at : <https://thewordsearch.com/puzzle/2996704/>

T	I	E	S	I	C	R	E	X	E	E	I	T	Y
E	R	B	A	T	H	K	Y	E	R	E	I	M	T
K	E	A	K	M	A	F	A	M	I	L	Y	I	A
W	J	I	H	S	A	M	A	S	S	A	G	E	E
A	C	O	L	O	R	I	N	G	B	O	O	K	A
L	E	O	A	P	A	N	E	R	R	T	P	A	E
K	G	T	K	G	I	G	D	E	N	E	D	L	T
D	E	R	A	G	O	Y	A	R	A	E	E	M	G
A	A	L	Y	T	U	D	J	O	U	R	N	A	L
B	E	N	P	A	I	N	T	Y	I	N	L	G	K
G	A	T	C	E	E	D	Y	P	A	R	E	H	T
T	B	K	A	E	U	M	E	K	S	O	I	R	A
I	E	A	E	S	G	U	H	M	E	C	A	A	S
R	N	G	S	U	G	R	A	T	I	T	U	D	E