

# May for Mental Health Awareness

N	O	I	S	S	E	R	P	E	D	A	D	E	C
S	L	E	E	P	L	E	S	S	N	E	S	S	C
N	T	M	E	D	I	C	A	T	I	O	N	R	P
O	R	A	M	E	D	I	T	A	T	I	O	N	T
O	A	M	E	S	E	L	G	G	U	R	T	S	R
S	U	G	N	I	E	B	L	L	E	W	H	S	E
S	M	T	T	C	R	I	S	I	S	T	S	D	A
U	A	B	O	R	D	H	D	A	L	E	O	G	T
P	L	I	S	E	L	F	C	A	R	E	I	N	M
P	R	P	I	X	A	B	E	T	T	A	S	I	E
O	G	O	U	E	E	H	S	O	A	R	U	P	N
R	E	L	A	X	A	T	I	O	N	A	O	O	T
T	L	A	D	I	C	I	U	S	T	H	A	C	U
A	P	R	Y	R	E	C	O	V	E	R	Y	S	B

- EXERCISE
- HOPE
- TRAUMA
- SUPPORT
- STRUGGLE
- STRESS
- DEPRESSION
- RELAXATION
- RECOVERY
- MEDICATION
- SLEEPLESSNESS
- MEDITATION
- BIPOLAR
- SELFCARE
- TREATMENT
- WELLBEING
- SUICIDAL
- HEALTH
- ADHD
- CRISIS
- COPING

Play this puzzle online at : <https://thewordsearch.com/puzzle/5630835/>

N	O	I	S	S	E	R	P	E	D	A	D	E	C
S	L	E	E	P	L	E	S	S	N	E	S	S	C
N	T	M	E	D	I	C	A	T	I	O	N	R	P
O	R	A	M	E	D	I	T	A	T	I	O	N	T
O	A	M	E	S	E	L	G	G	U	R	T	S	R
S	U	G	N	I	E	B	L	L	E	W	H	S	E
S	M	T	T	C	R	I	S	I	S	T	S	D	A
U	A	B	O	R	D	H	D	A	L	E	O	G	T
P	L	I	S	E	L	F	C	A	R	E	I	N	M
P	R	P	I	X	A	B	E	T	T	A	S	I	E
O	G	O	U	E	E	H	S	O	A	R	U	P	N
R	E	L	A	X	A	T	I	O	N	A	O	O	T
T	L	A	D	I	C	I	U	S	T	H	A	C	U
A	P	R	Y	R	E	C	O	V	E	R	Y	S	B